

IPC-3 for Assessment, Triage, and Engagement With Forced Migrants

Helen Verdelli, Ph.D. & Bryan Cheng, Ph.D.
Global Mental Health Lab at Teachers College, Columbia University


The Center for VICTIMS of TORTURE
Harvard Program in Refugee Trauma
NATIONAL CONSORTIUM OF TORTURE TREATMENT PROGRAMS

Objectives


After attending this webinar, participants will:

- Attain a basic understanding of the principles of the Interpersonal Counseling 3-Session protocol (IPC-3).
- Be able to identify how IPC-3 can be used for assessment, triage, and engagement, and consider potential use within the work of serving SOT clients.
- Be able to recognize ways in which IPC-3 has been and can be adapted for different cultural and humanitarian contexts.


Presenters



Lena Verdelli, PhD, MSc
Associate Professor of Clinical Psychology and the Founding Director of the Global Mental Health Lab
Teachers College
Columbia University



Bryan Cheng, PhD
Director of Research
Global Mental Health Lab | Clinical Psychology Program
Teachers College
Columbia University



José C. Ponce de León
Mental Health and Psychosocial Support Specialist
HIAS PERU

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Mission of the GMH Lab

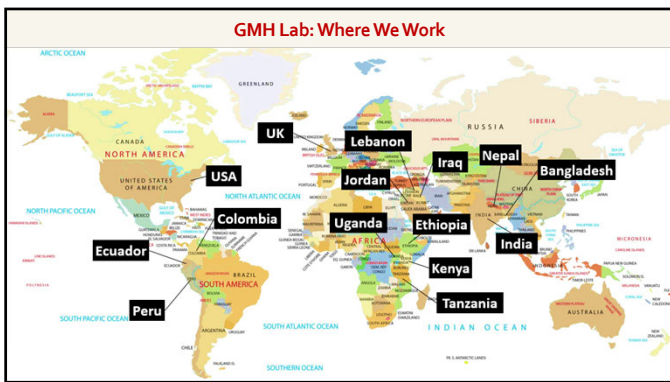
To reduce the burden of mental illness and increase wellbeing in low-resource, high-need settings globally



- **Research** (NIMH, NIHR, US Bureau of Population, Refugees, and Migration; Wellcome Trust; Grand Challenges Canada; National Institute of Health and Research, UK; International Food Policy research Institute; UNHCR; International Rescue Committee; International Medical Corps, etc)
- **Training and capacity building** in evidence-based strategies for ecologically valid and locally acceptable prevention and treatment of mental illness
- **Services/consultation** (WHO, UNHCR, MoPH Lebanon, academic institutions, etc)

Domains of GMH Lab

- Culturally-adapted therapy for depressed adults and adolescents in LMICs (extreme poverty, violence, etc)
- Task-shifting of psychotherapy (delivered by non-specialists, including peers)
- Implementation in primary care
- Forcibly displaced populations
- Maternal mental health
- Climate change
- Student veterans



Global Dissemination of Interpersonal Psychotherapy (IPT)

2016:

- Group IPT Manual launched by the WHO, Geneva, October 11th, World Mental Health Day

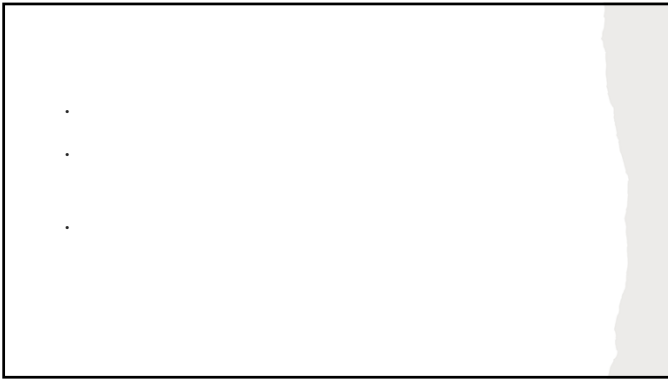
**Verdeli, Clougherty and Weissman.*

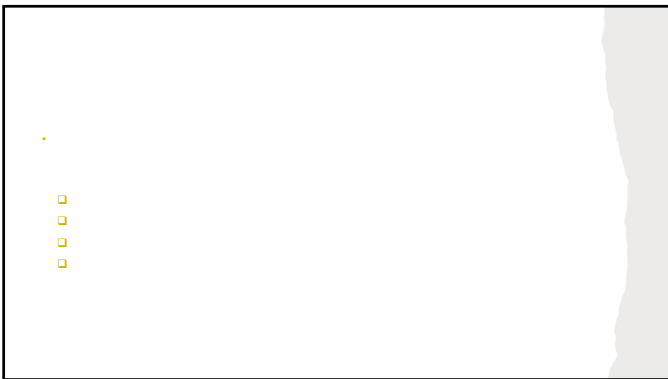
2017:

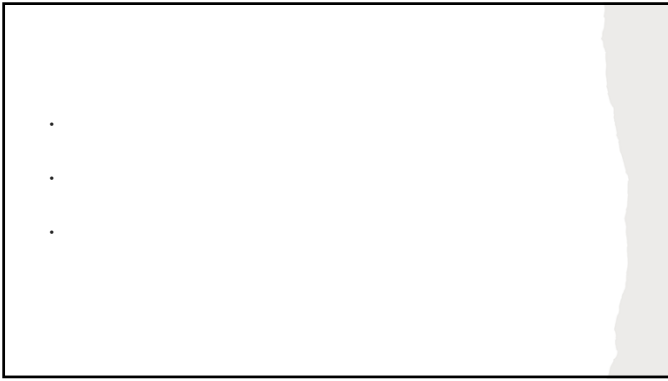
- Interpersonal Counseling (IPC) for Primary Care, WHO MENA Region

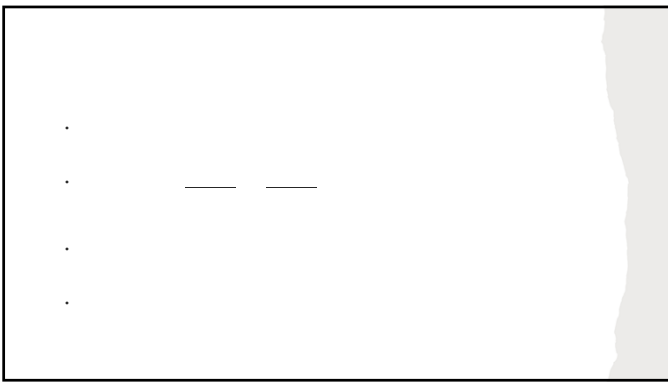
**Weissman, Verdeli and Khalid Saeed.*

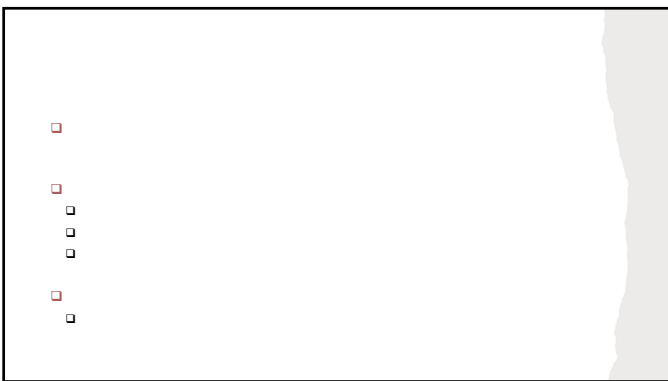




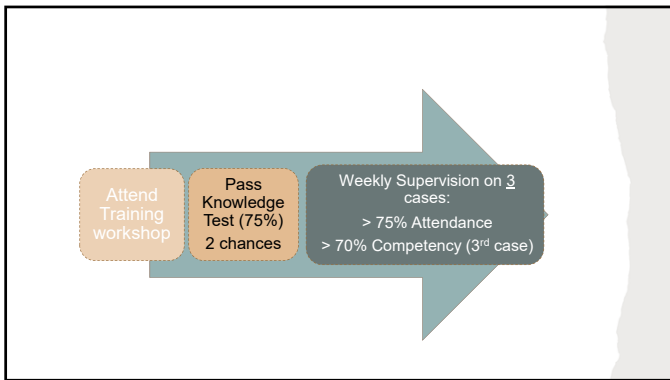


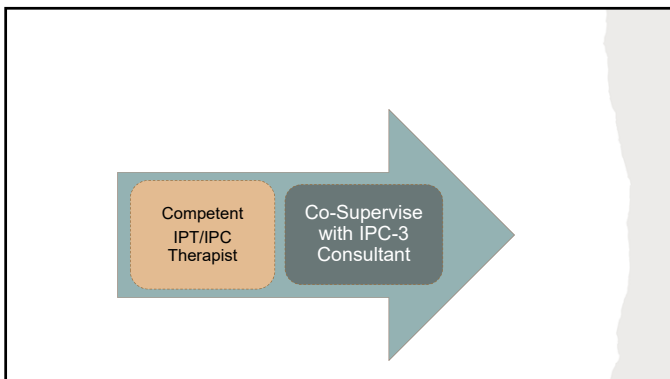


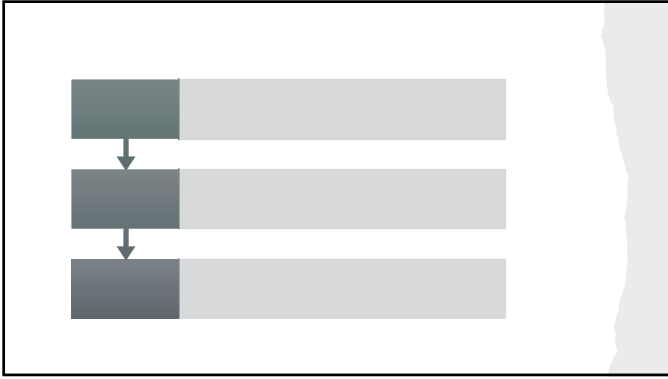


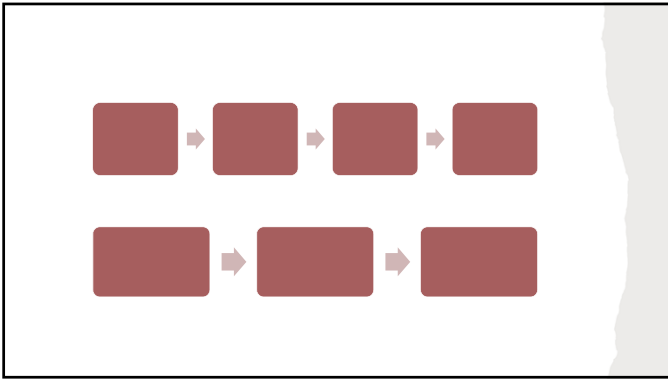


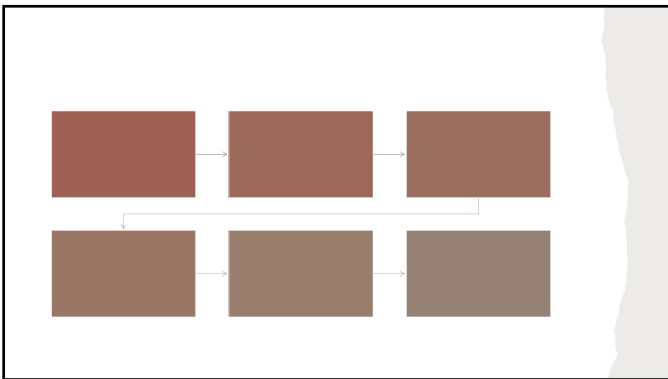


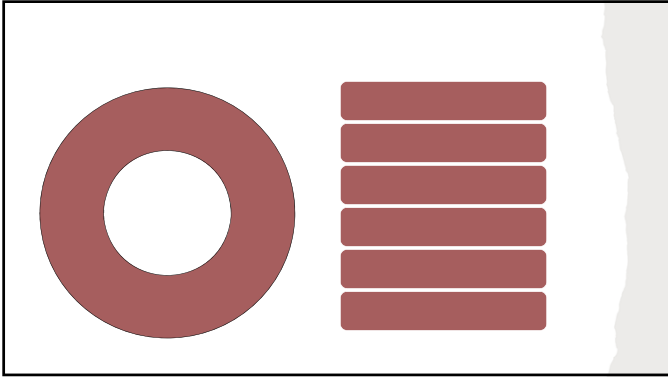




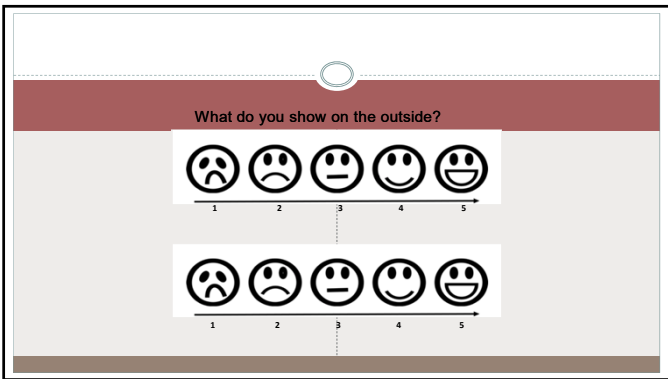




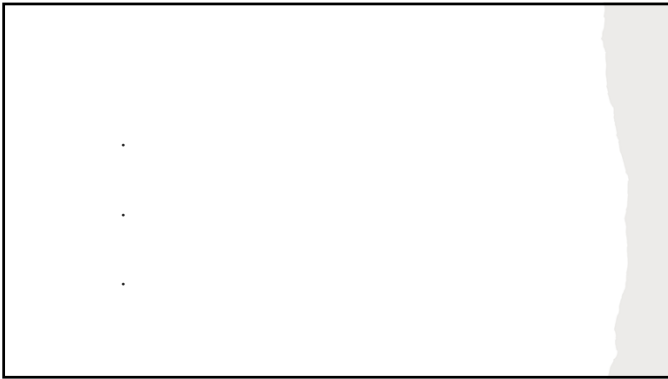


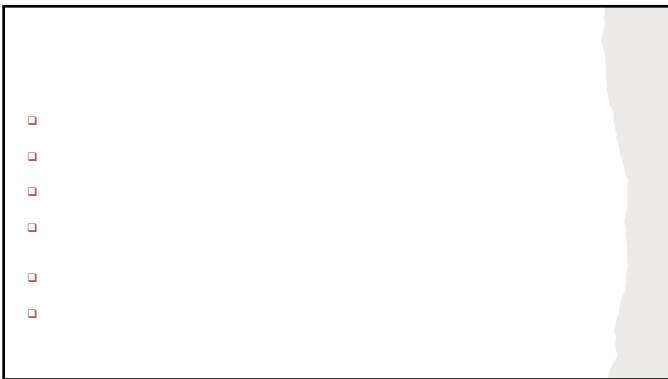








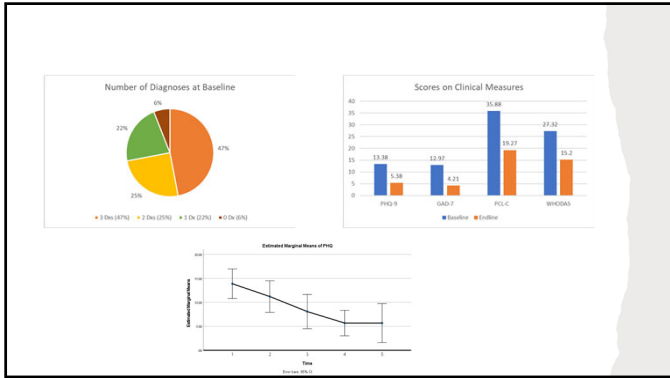












Questions?

Please use the Q&A button to submit questions or comments to the presenters.


You may also use the Raise Hand button if you would like to be unmuted to speak your question.

Thank you for attending this webinar!

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May 31, 2023

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The National Capacity Building Project is a project of the Center for Victims of Torture: www.cvt.org
More resources are available at www.healtorture.org.
