This document is a resource for current literature on the topic of the mental health status of and treatments for torture survivors, war trauma survivors, refugees, and asylum seekers. This also includes research in the area of social work that relates directly to the psychological well-being of these populations. The compilation below includes peer reviewed journal article citations in these areas and links to the publicly available abstracts and full text versions of these articles. It does not currently include articles on policy and advocacy. Center for Victims of Torture (CVT) volunteer Carolyn Easton conducted the literature search and compiled the citations.


Orang, T. M., Missmahl, I., Gardisi, M., & Kluge, U. (2023). Rethinking mental health care provided to migrants and refugees; a randomized controlled trial on the effectiveness of Value Based Counseling, a culturally sensitive, strength-based psychological intervention. PloS One, 18(3), e0283889. https://doi.org/10.1371/journal.pone.0283889 [abstract] [Full Text]


Additional Relevant Resources

- The Danish Institute Against Torture (Dignity) provides a database that allows you to search for a wider range of articles, books, and other publications on the topic of torture (https://dignity.reindex.net/RCT/main/Landing.php?Lang=eng).

- The International Rehabilitation Council for Torture Victims (IRCT) provides free access to their journal, TORTURE Journal (https://tidsskrift.dk/index.php/torture-journal/index).