

# ST. PAUL HEALING CENTER 2015 Year in Review



# 269

clients  
received CVT  
services

including: psychotherapy,  
social work and case  
management, nursing,  
psychiatry, and medical visits

Typically, for each  
client, about 4 family  
members also benefit  
from CVT services

## AMONG CVT CLIENTS:

# 90%

were  
unemployed  
at time of CVT  
intake

# 39%

spoke, read,  
and wrote  
little to no  
English

# 75%

were diagnosed  
with PTSD and a  
depressive  
disorder

# 69%

of clients with  
children were  
separated  
from a child

Contact: [research@cvt.org](mailto:research@cvt.org)

## HOW CLIENTS FIND OUT ABOUT CVT:

Referral source is missing or unknown for 21 clients

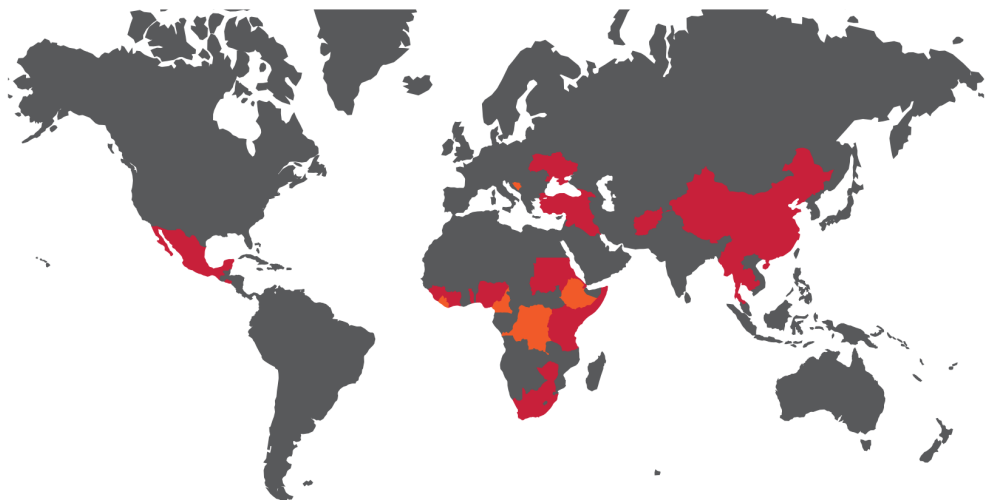
1. Professional (attorney, physician, clergy, etc.) **49%**
2. Friend **23%**
3. Relative **13%**
4. CVT client **4%**
5. Self **3%**

## CLIENTS' IMMIGRATION STATUS AT INTAKE:



## CLIENTS CAME FROM **35** COUNTRIES:

The most common countries of origin were:  
Ethiopia, Cameroon, DRC, Liberia, and Bosnia & Herzegovina



## AFTER CVT TREATMENT, CLIENTS' IMPROVEMENTS included:



These data compare client-reported symptoms at intake to their most recent follow-up assessment (typically conducted at 3, 6, 9, and 12 months after intake). N = 204