



The
CENTER for
VICTIMS of
TORTURE

with



Harvard
Program
in Refugee
Trauma

Survivors of Torture Integrated Care Continuum

SOT-ICC Introduction Webinar

November 11, 2020



National Capacity Building Project

Introductions

Welcome! Please put your name and program in the chat box as you come into the room.

Your NCB facilitators today:



Alison Beckman

Senior Clinician



Jennifer Esala

Evaluation and
Research Lead



Kirsten Anderson

Program Evaluation
Advisor



National Capacity Building Project

Webinar Outline

1. What is integrated care?
2. What is the SOT-ICC?
3. How was the SOT-ICC developed?
4. Snapshot of the SOT-ICC
5. Why should (and shouldn't) your program self-assess using the SOT-ICC?
6. Schedule of data dialogue events (*new this year!)

Q&A (10 min)



So many terms...

- Collaborative Care
- Comprehensive Care
- Coordinated Care
- Health Homes
- Holistic Care
- Integrated Health
- Multidisciplinary Care
- Primary Care Behavioral Health
- Seamless Care
- Shared Care
- Integrated Care



What is Integrated Care?

“Approaches to health-care delivery coordinated between physical health, mental health, behavioral health, and/or other support services in which systems and processes are combined to more efficiently, effectively, and holistically meet patients’ health needs”

Korsen et al., 2013; Peek & The National Integration Academy Council, 2013.



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What is the SOT-ICC?



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How was the SOT-ICC Developed?

- Review of Integrated Care literature

Esala, J. J., Vukovich, M. M., Hanbury, A., Kashyap, S., & Joscelyne, A. (2018). Collaborative care for refugees and torture survivors: Key findings from the literature. *Traumatology*, 24(3), 168.

- Organizational research on Integrated Care

Northwood, A. K., Vukovich, M. M., Beckman, A., Walter, J. P., Josiah, N., Hudak, L., O'Donnell Burrows, K., Letts, J. P., & Danner, C. C. (2020). Intensive psychotherapy and case management for Karen refugees with major depression in primary care: a pragmatic randomized control trial. *BMC Family Practice*, 21(1), 17.



Snapshot of the SOT-ICC

SOT-ICC self-assessment tool:

<https://healtorture.org/resource/sot-icc-guide-and-instrument>

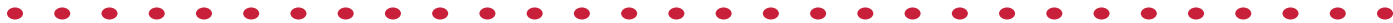
Data entry portal:

<https://tinyurl.com/sot-integrated-care>



Why should your program self-assess using the SOT-ICC?

- Build community and shared vision
- Learn about the core components of integrated care
- Share diverse perspectives on your program
- Decide on concrete next steps towards your optimal level of integration
- Participate in data dialogues with other SOT programs



SOT-ICC Data Dialogue Schedule

*registration links in your email

*two people per program

- **Wed., Mar. 10** 2pm CST
(completed the SOT-ICC Nov. to Feb.)
- **Tues., Jul. 13** 12pm CST
(completed the SOT-ICC Mar. to Jun.)
- **Thurs., Nov. 11** 3pm CST
(completed the SOT-ICC Jul. to Oct.)



Self-assessment with the SOT-ICC is not required

- It is not required by NCB, ORR or another funder
- Funders and other programs will not know if you participated or not* (we will not share this information)

*unless they are in the same data dialogue with you



Q&A

Put your questions in the chat box or
say them out loud.

