

**Measured Impact Webinar**  
**Leadership and Resilience Among Survivors of Violence and Torture**

**Online Consultation**

July 25, 2018

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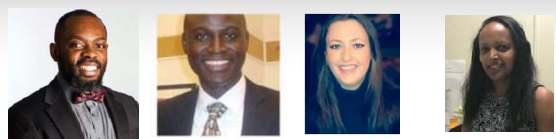
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Panel



<b>Léonce Byimana</b> TASSC Washington, DC	<b>Omar Bah</b> Refugee Dream Center Providence, RI	<b>Selena Beširevic</b> Attorney at Law Denver, CO	<b>Hana Mirach</b> Journey's End Refugee Services Buffalo, NY
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**Objectives:**

1. Articulate a deeper understanding of the role colleagues who are survivors of torture play in the torture treatment field.
2. Understand the importance and benefits of integrating survivors of torture into your organization's planning, governance, outreach, and development.
3. Learn how to integrate survivors of torture into your organization's planning, governance, outreach, and development.
4. Understand how the resilience, past experiences, and non-clinical sharing of survivors' stories can benefit both programs and survivors themselves.

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# Leadership & Resilience Among Survivors of Violence & Torture

Léonce Byimana  
Torture Abolition and Survivors Support Coalition (TASSC)  
July 25, 2018

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## Refugee Dream Center

Founded on the philosophy of:

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graph LR; A((Connecting the survivor community)) --- B(+); B --- C((Survivors helping fellow survivors)); C --> D((Established credibility through the right messenger));
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## Refugee Dream Center

- Founded & headed by former refugee & torture survivor
- 60% of board are refugees and/or survivors (8 out of 13 board members)
- 5 of the 8 fulltime staff are survivors
- Both direct services & advocacy
- Host to ethnic community groups
- Host to college based associations

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ADULT EDUCATION METHODS						
Goals	Assumptions	Inputs	Target Population	Activities	Outputs	Outcomes
Engage 50 refugees a year in continuing ESL	Access to ESL services provided via Refugee Dream Center programming	Refugee Dream Center (RDC) Staff	Refugees resettled between 6 month and 5 years	ESL classes; tutoring; workforce development training	Critical development in ESL skills	Successful integration into American society; employment;
<p style="text-align: center;">.....</p> <p>Omar/RDC                      National Capacity Building Project</p>						

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CASE MANAGEMENT METHODS						
Goals	Assumptions	Inputs	Target Population	Activities	Outputs	Outcomes
Provide case management services to one hundred (100) individual cases	Access to case management services provided via RDC programming	RDC Staff; Community Organizations & resources	Refugees resettled between 6 months and 5 years	Intake and Needs Assessments; Appropriate referrals	Access to essential services	Successful integration into American society
<p style="text-align: center;">.....</p> <p>Omar/RDC                      National Capacity Building Project</p>						

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YOUTH PROGRAM METHODS						
Goals	Assumptions	Inputs	Target Population	Activities	Outputs	Outcomes
Provide fifteen (15) refugee youth; and fifteen (15) American youth with access to services	Access to key services emphasizing college prep and after-school activities	RDC Staff; Community Organizations, community leaders	Refugees resettled between 6 months and 5 years; American youth from local high schools	1. Refugee Youth Dream 2. Homework Helpers	Essential life skills development; College preparation	Youth accepted into college and/or jobs; build new friendships, obtain scholarships, none involvement in crime related activities, community service
<p style="text-align: center;">.....</p> <p>Omar/RDC                      National Capacity Building Project</p>						

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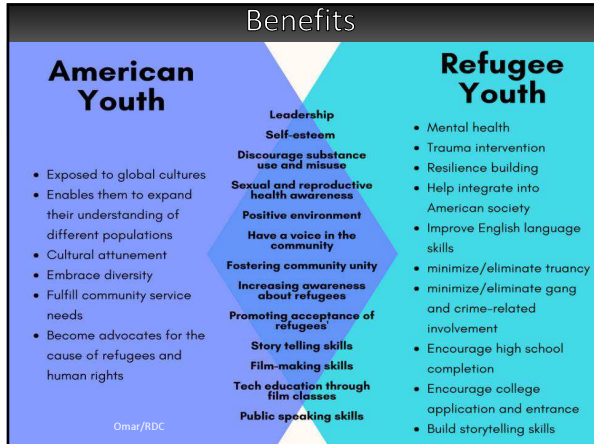
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### HEALTH PROGRAM METHODS

Goals	Assumptions	Inputs	Target Population	Activities	Outputs	Outcomes
Provide health literacy services to forty-five (45) refugees	Access to critical health literacy services provided via RDC programming	RDC Staff; partnering community organizations	Refugees resettled between 6 months and 5 years	<i>Journey to Health</i> sessions; In-Home Wellness visits; Mental Health counseling	Critical development in health literacy and skills, and posttraumatic growth	Successful integration into American society

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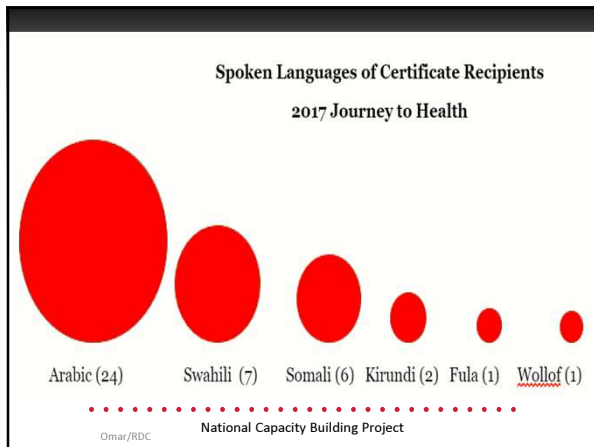
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### Screening Instrument

- Refugee Health Screener – 15 (RHS-15)
- Adapted by RDC
- Changed the response options on the scale from 5 to 3
- Changed the scoring numbers
- Eliminated several words and phrases that are culturally confusing

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**Journey To Health** 45 Participants

**Home Wellness Visits** 105 Home Wellness Visits

**Mental Health Counseling** 300 individual sessions; 30 supervision hours; 6 groups

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# Leadership and Resilience Among Survivors of Violence and Torture

## Panel Conversation

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Léonce Byimana



Omar Bah



Selena Beširevic



Hana Mirach

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### What should every clinician know about providing services to people who have survived torture?

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Léonce Byimana



Omar Bah



Selena Beširevic



Hana Mirach

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### How do you encourage qualities like leadership and resilience in the patients and clients you serve?

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Léonce Byimana



Omar Bah



Selena Beširevic



Hana Mirach

What do you bring to your clinical work as survivors of torture that people serving survivors do not have?

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Léonce Byimana



Omar Bah



Selena Beširevic



Hana Mirach

How important are your family and friends in terms of self-care and support for your work with survivors?

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Léonce Byimana



Omar Bah



Selena Beširevic



Hana Mirach

At what point do survivors of torture play a role in supporting themselves and others; and what specific roles could these be?

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