

Kleinman's 8 Questions for Cross-Cultural Assessment

Understanding the problem

- 1) What do you think has caused your problem?
- 2) Why do you think it started when it did?
- 3) What do you think your sickness does to you? How does it work?
- 4) How severe is your sickness? Will it have a short or long course?
- 5) What kind of treatment do you think you should receive?

Understanding patient goals and cultural meaning

- 6) What are the most important results you hope to receive from this treatment?
- 7) What are the chief problems the sickness has caused?
- 8) What do you fear most about the sickness?

Kleinman, A. et al. (1978). Clinical lessons from anthropologic and cross cultural research. *Annals of Internal Medicine*, 88, 251-258.