

## What is the RHS-15?



Pathways collaborated with refugee communities and a renowned psychiatrist to validate a culturally competent, short screening questionnaire.

The RHS-15 (Refugee Health Screener-15) screens refugees for distressing mental health symptoms.

The RHS-15 is a *mechanism* to route people who need care into the right treatment. It <u>is not</u> a diagnostic evaluation. A **positive** screen means the person scored at or above the cut off rate for significant distressing symptoms that would indicate they are likely to have:

Апхіет отсо

Depressio

## Features of the RHS-15



Designed to be short (5 to 15 minutes although it often takes longer for pre-literate or in his groups)

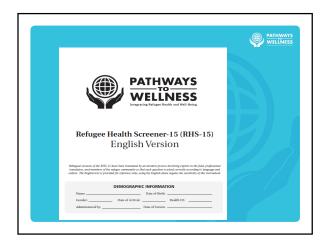
Non-triggering, non-invasive, and non-traumatizing

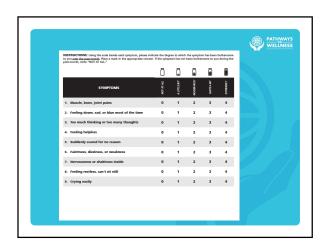
Culturally responsive with appropriate translation with community

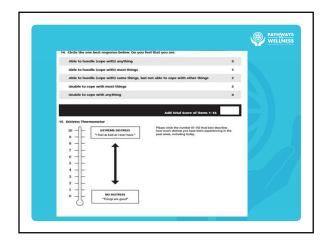
Designed to be used with a introductory and referral script to help establish context, provide psychoeducation, and reduce stigma.

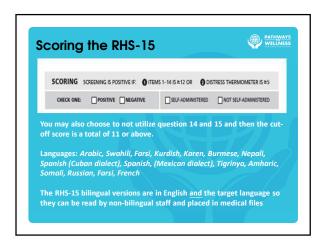
Designed to be flexible and can be used in different settings by professionals or trained para-professionals.

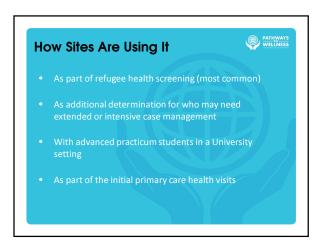












Avai	lable	on-line	trainings



- Development and Use of the RHS-15
   http://www.refugeehealthta.org/webinars/me
   ntal-health-screening-and-care/tools-and strategies-for-refugee-mental-health-screening introducing-the-rhs-15-2/
- Operationalizing the RHS-15 in your Community

http://www.refugeehealthta.org/webinars/mental-health-screening-and-care/refugeemental-health-screening-operationalizing-the-rhs-15/