Survivor of Torture Psychosocial Well-being Index-Short (SOT-PWI-S)

	Levels of Need				
Areas of Need	(1)	(2)	(3)	(4)	
	In Crisis	Vulnerable	Stable	Safe	
Legal (Immigration)	Client: Is in detention; Is undocumented; Is in deportation proceedings; Requires immigration assistance but is without legal representation.	 Client: Is in the early stages of immigration proceedings; Has a basic understanding of proceedings but is facing barriers that prevent full participation in the legal process. 	 Client: Is working with legal representative to obtain some form of legal residency status; Is waiting to hear from immigration court; Is working with attorney to appeal. 	 Client: Is a refugee, asylee, legal permanent resident, or naturalized U.S. citizen; Has resolved immigration legal status. 	
Housing	 Client: Is homeless; Reports housing conditions to be unsafe or unsanitary; Describes living situation that presents immediate danger to self or family. 	 Client: Reports housing is available but undesirable or short-term; Feels uncomfortable with current living situation; Is being exploited in exchange for room and board. 	 Client: Reports housing or living situation is tolerable; Housing is temporary but safe and predictable; Provides a service in exchange for room and board. 	 Client: Reports housing is safe, stable, and long-term; Has resources or means to maintain housing. 	
Physical Health Needs	 Client Is unable to manage current health needs; Has untreated lifethreatening physical health needs; Is not receiving needed medical care for a chronic disease. 	 Client: Is inconsistent in managing health needs; Identifies present illness or physical health concern that has gone untreated. 	Client: Is mostly managing current physical health needs; Is receiving needed medical care to stabilize a chronic disease.	Client: Reports mostly good health; Does not have any new physical health concerns at this time.	

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Note: If you would like to use the full length SOT-PWI for individual client assessment, please email the authors at farber@cua.edu to discuss an MOU arrangement for your SOT program. Thank you.

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Areas of Need	Levels of Need				
	(1) In Crisis	(2) Vulnerable	(3) Stable	(4) Safe	
Mental Health Needs	 Client: Demonstrates patterns of severe emotional instability and/or violence against self or others; Is unable to care for self or family due to impaired mental health; Communicates plan, intent, and/or access to means that present clear risk of harm to self or others. 	 Client: Reports occasional bouts of emotional instability and/or threatening behavior toward self or others; Reports some inability to care for self or family due to impaired mental health; Reports some form of suicidal ideation but denies plan, intent, or means. 	 Client: Presents mostly stable mental health including emotional regulation; Is mostly able to care for self or family; Is aware of mental health needs and is receiving regular mental health treatment. 	 Client: Does not show behaviors or emotions that would suggest symptoms of mental illness; Describes regular involvement in activities that bring them purpose and pleasure; Does not report any mental health concerns at this time. 	
Access to Community Resources	Client: • Is unaware or unable to access community resources.	Client: Is aware of community resources but reports significant barriers in accessing services; Is unwilling to make use of available resources.	Client: Has taken steps toward accessing services; Reports some service barriers still need to be addressed; Community resource choices are limited.	Client: Can access a full range of services to meet basic needs as significant barriers to service have been addressed.	
Support System in the U.S.	 Client: Does not report any trusting relationships; Communicates support system is predatory and exploitative. 	 Client: Reports some emotional or instrumental support but assistance is unreliable or insufficient; Describes support system that communicates misinformation encouraging client fearfulness. 	Client: Reports reliable emotional and/or instrumental support from at least one trusted relationship.	 Client: Identifies several strong support systems; Is able to give as well as receive support. 	

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