

Self-care

[Healthy Organizations: Beyond Individual Self-Care](#)

Burnout, secondary trauma, vicarious trauma, and compassion fatigue may be intimately familiar to clinicians, but they can also intersect in ways that seriously impact organizations. Torture affects us all. How do you stay healthy while doing this work? What organizational mechanisms and policies should be in place to promote wellness? What tools are available to measure organizational health?

Working With Survivors of Torture - The Mind-Body Connection

Many clients seen by programs that work with survivors of torture experience chronic pain, anxiety, and other symptoms long after their traumatic experience. This two-part mini-course focuses on the role of the mind-body connection in the treatment of survivors of torture in both individual and group settings.

- [Working With Survivors of Torture - The Mind-Body Connection](#)
- [Working With Survivors of Torture - The Mind-Body Connection: eConsultation](#)

Legal

[Who Is a Torture Survivor: Understanding the Legal Definitions of Torture](#)

This webinar concentrates on the legal frameworks of the U.S. and U.N. definitions of torture, as well as the refugee definition. It includes examples to illustrate cases that rise to the level of torture and cases that do not.

[Psychological Issues and Techniques in Navigating the Asylum Process](#)

This measured impact webinar is designed to help mental health service providers understand the important role they can play in the successful adjudication of the asylum process for traumatized migrant population and how to navigate the complex issues that can arise in providing these services.

[Boundaries in the Electronic Age](#)

This webinar examines ethical and professional practice issues related to the evolution in methods of communication in our electronic age.

Fundamentals of Providing Services to Torture Survivors eLearning

[Fundamentals of Providing Services to Torture Survivors eLearning](#)

This self-directed online learning course provides a basic foundation in the knowledge and skills required to provide effective services to torture survivors. The lessons are directed toward staff members who are recently hired or new to working with torture survivors and are currently providing direct services to torture survivors. You must sign in as either a member of HealTorture.org or as an eLearning subscriber to access this series.

To find out how to become an eLearning subscriber, or a member of HealTorture.org, you can click [here](#).

