

## COMPREHENSIVE TRAUMA INVENTORY-104

**Instructions:** The list of events below are things that happen to people during war. Please read each item carefully and check either “**NO**” if the event did not happen to you or circle one of the four items under “**Yes**” if it did happen to you.

If the event did happen to you, circle one of the four numbers next to each item that reflects how frightening the event was for you in terms of it being a threat to your life or safety.

	<b>NO</b>  Did <b>NOT</b> happen to me	<b>YES</b> Did happen to me			
		Little fear or threat	Moderate fear or threat	A lot of fear or threat	Extreme fear or threat
		1	2	3	4
<b>PSYCHOLOGICAL INJURY</b>					
1. Having your home, school, or workplace searched or ransacked		1	2	3	4
2. Having your home (or important place like school or workplace) severely damaged or destroyed		1	2	3	4
3. Fleeing or hiding from soldiers or enemies		1	2	3	4
4. Having to lie to protect yourself or others (includes signing official statement to protect yourself or others)		1	2	3	4
5. Living in the middle of war, and being forced into dual loyalties to survive		1	2	3	4
6. Being threatened with harm or feeling like you are in serious danger		1	2	3	4
7. Being in an area of active war combat, but you were not actively participating and were not injured		1	2	3	4
8. Actively participating in combat either as a soldier or civilian fighter		1	2	3	4
9. Forced to join military		1	2	3	4
10. Being near death because of illness or injury		1	2	3	4
11. Your pregnancy (for men: your wife's) was threatened, or a young baby died because of war conditions		1	2	3	4
12. Death of a family member besides a young baby due to war		1	2	3	4
13. Death of friends due to war		1	2	3	4
14. Having to abandon injured, dead, or dying people		1	2	3	4
15. Death of your child		1	2	3	4
<b>PHYSICAL INJURY</b>					
16. Directly exposed to chemical weapons		1	2	3	4
17. Being injured in active combat		1	2	3	4
18. Being shot or shelled with explosives		1	2	3	4
<b>DETENTION AND INTENTIONAL ABUSE</b>					
19. Forced to stand, kneel, or walk for a long time		1	2	3	4

	NO  Did NOT happen to me	YES Did happen to me			
		Little fear or threat	Moderate fear or threat	A lot of fear or threat	Extreme fear or threat
		1	2	3	4
20. Being forced to attend party activities or having ideas or beliefs forced on you ("brainwashing")		1	2	3	4
21. Being intimidated or "blackmailed"		1	2	3	4
22. Being humiliated in front of others (stripped naked, insulted, screamed at, beaten)		1	2	3	4
23. Being beaten in front of family or friends		1	2	3	4
24. Being handcuffed, tied up, or shackled		1	2	3	4
25. Being blindfolded		1	2	3	4
26. Being intentionally NOT told what was going to happen to you next or where you were going to be taken		1	2	3	4
27. Being taken and left in an unknown place		1	2	3	4
28. Being hit, slapped, beat, or kicked by a person or with an object		1	2	3	4
29. Having your ears, eyes, nose, or mouth injured with objects		1	2	3	4
30. Having any part of your body subjected to burning, freezing, or electrical shocks		1	2	3	4
31. Having your body injured by hanging, needles, or having hair or nails pulled		1	2	3	4
32. Being immersed in water or sprayed with high-powered water		1	2	3	4
33. Being cut or stabbed		1	2	3	4
34. Being nearly killed by hanging or suffocation, near-drowning, or other intentional injury (like being dragged)		1	2	3	4
35. Being abused with urine or feces		1	2	3	4
36. Being abused with bright lights, loud noises, or bad smells		1	2	3	4
37. Being placed in solitary (isolated) confinement or being deprived of sensations		1	2	3	4
38. Being deprived of adequate food or water		1	2	3	4
39. Being awakened repeatedly and being deprived of sleep		1	2	3	4
40. Having medical care withheld when you were very sick		1	2	3	4
41. Living in very poor conditions in prison (crowding, problems with sanitation or temperature)		1	2	3	4
42. Being forced to work hard or for a long time or under very bad conditions		1	2	3	4
43. Being interrogated, physically searched, stopped for identification and questioned		1	2	3	4
44. Being falsely accused of things you did not do or being arrested		1	2	3	4
45. Forced to make a confession about yourself or others		1	2	3	4
46. Being threatened with severe injury or execution		1	2	3	4

	NO  Did NOT happen to me	YES Did happen to me			
		Little fear or threat	Moderate fear or threat	A lot of fear or threat	Extreme fear or threat
		1	2	3	4
47. Being made to watch while others were tortured or executed, or hearing others being injured or tortured		1	2	3	4
48. Being confined in a village, town, or house by soldiers or police		1	2	3	4
49. Being jailed for less than three months		1	2	3	4
50. Being in jail, prison, or a re-education camp for more than three months		1	2	3	4
<b>SEXUAL TRAUMA OR ABUSE</b>					
51. Any unwanted sexual experience		1	2	3	4
52. Having your private parts touched when you do not want that		1	2	3	4
53. Being threatened to be sexually molested or raped (but it didn't actually happen)		1	2	3	4
54. Having your private parts harmed (cut, burned, cold or heat, electricity, etc...)		1	2	3	4
55. Having your private parts penetrated by objects or hands		1	2	3	4
56. Being "raped" (forced to have sexual intercourse [vaginal, anal, oral] against your will)		1	2	3	4
<b>WITNESSING ABUSE, INJURY, OR DEATH</b>					
57. Seeing your family or friends get seriously injured or ill because of war		1	2	3	4
58. Seeing other people get seriously injured or ill because of war		1	2	3	4
59. Seeing a family member or a friend being raped		1	2	3	4
60. Seeing another person being raped		1	2	3	4
61. Seeing your family or friends being killed		1	2	3	4
62. Seeing others being killed		1	2	3	4
63. Seeing someone being mutilated or blown-up		1	2	3	4
64. Watching other people die		1	2	3	4
65. Helping ill or wounded people (includes refugees)		1	2	3	4
66. Seeing dead bodies or parts of human remains		1	2	3	4
67. Digging up, burying, or handling dead bodies or parts of human remains		1	2	3	4
68. Seeing organized violence, mass demonstrations, or horrible events on television		1	2	3	4
69. Seeing injury or death of many people at once, or witnessing mass graves		1	2	3	4
70. Seeing injured or dead animals		1	2	3	4
<b>HEARING ABOUT INJURY AND DEATH</b>					
71. Heard about people being abused by harsh methods		1	2	3	4

	NO  Did NOT happen to me	YES Did happen to me			
		Little fear or threat	Moderate fear or threat	A lot of fear or threat	Extreme fear or threat
		1	2	3	4
72. Heard that children or other innocent people were injured or killed		1	2	3	4
73. Heard about mass killings and people being put in mass graves		1	2	3	4
<b>DEPRIVATION AND DISCRIMINATION</b>					
74. Having very little food, water, or clothing because of poverty or discrimination		1	2	3	4
75. Having to live in poor conditions (fleeing, in mountains, poor shelter and hygiene)		1	2	3	4
76. Having your home, business or important personal property confiscated		1	2	3	4
77. Being forced to stop work or schooling		1	2	3	4
78. Being monitored (repeatedly investigated, or watched and followed, or having to report to officials)		1	2	3	4
79. Being oppressed (can't gather publicly, meet friends, speak your opinion)		1	2	3	4
<b>BETRAYAL</b>					
80. Being lied to or being made to feel uncertain about family member's whereabouts		1	2	3	4
81. Being abandoned by your family while you were in prison		1	2	3	4
82. Feeling like you were abandoned by allies during the war		1	2	3	4
83. Feeling like you were deceived by your own leaders or high-ranking officials		1	2	3	4
84. Being disgraced		1	2	3	4
85. Having bombs or gunfire go off in "safe" areas (like evacuation areas)		1	2	3	4
86. Being forced to monitor and report on family or neighbors		1	2	3	4
87. You refused or escaped from imposed military duty		1	2	3	4
<b>DOMESTIC DISCORD AND VIOLENCE</b>					
88. Experiencing severe family conflict because of the war		1	2	3	4
89. Experiencing violence from a family member because of the war		1	2	3	4
<b>DISPLACEMENT</b>					
90. Being moved to a government area or "new economic area"		1	2	3	4
91. Having to flee from your home or community because of danger		1	2	3	4
92. Having to flee from your home or community because there is no work or because of other discriminations		1	2	3	4
<b>SEPARATION AND ISOLATION</b>					
93. Raising your children by yourself		1	2	3	4

	NO  Did <b>NOT</b> happen to me	YES Did happen to me			
		Little fear or threat	Moderate fear or threat	A lot of fear or threat	Extreme fear or threat
		1	2	3	4
94. Your children were often alone because of war circumstances		1	2	3	4
95. Being taken away by enemies, and separated from your family		1	2	3	4
96. Having a spouse or a child be put in jail, prison, or camp		1	2	3	4
97. Being separated from your family because of war circumstances		1	2	3	4
98. NOT being able to take care of family members because of separation		1	2	3	4
99. NOT being able to see a family member who is dying, or can't witness burial		1	2	3	4
<b>DIFFICULTIES DURING MIGRATION</b>					
100. Being beat up or poorly treated in a refugee camp		1	2	3	4
101. Thinking you would not ever be able to leave a refugee camp		1	2	3	4
102. You or family members were denied refugee or asylum status		1	2	3	4
103. Feeling afraid that you will be sent back to your country from a refugee camp		1	2	3	4
104. Separated from family members during fleeing or migration		1	2	3	4